

2015-16 MicroAcademy



Livingston Youth Foundation
lyf4football.org.uk



Supported by
Foundation Partners

XCITE



**west lothian
college**



**West Lothian
Council**

The Livingston Youth Foundation Micro Academy in conjunction with Livingston FC begins again for another season in September 2015

Join us at the newly upgraded Field Turf facility at the rear of
Livingston FC's stadium on a Tuesday and Thursday
from Tuesday 1st September 2015

Age Groups are as follows

Training Session - 4-5.15pm

Year Group:	2011 (Under 5)	2010 (U6)	2009 (U7)	2008 (U8)	
-------------	----------------	-----------	-----------	-----------	--

Training Session – 5.30-7pm

Year Group:	2007 (U9)	2006 (U10)	2005 (U11)	2004 (U12)	2003 (U13)
-------------	-----------	------------	------------	------------	------------



PRICE FREEZE! 3 YEARS IN A ROW! Cost is £25 per month
or pay a ONE OFF fee of £225, getting ONE month **FREE**

Season runs for 10 months from start of September 2015 to end of June 2016
with a Christmas break included.

The **Livingston Youth Foundation Micro Academy** is open to all aspiring young players
who would like to learn the game. Our training squads will participate in skills training
and improve on technical excellence.

SIGN UP NOW! Use the application form on the back page to apply.

To reserve a place, please contact LYF on 01506 536917

or email info@lyf4football.org.uk

You can also visit www.lyf4football.org.uk

All members will receive the following benefits:

- ✦ Two training sessions per week with LYF Technical Training Staff (SFA Qualified)
- ✦ A training top
- ✦ Micro Academy identification pass
- ✦ FREE access to Livingston FC home league games
- ✦ Discount on LYF Holiday Coaching Camps
- ✦ Discount of 10% on merchandise in The Football Nation Shop (Edinburgh) and their online shop
- ✦ An annual 'Meet the players' Event
- ✦ Participation of half time entertainment at LFC games during the season
- ✦ Games Festivals
- ✦ Opportunity to purchase up to 2 Adult LFC Season Tickets for £220 per ticket - come along to watch Rangers FC, Hibernian FC and St Mirren FC as they take on Livingston FC at the Energy Assets Arena



The LYF Micro Academy

- We see our initiative as 'extra' development coaching, to compliment the work of local Boys and Girls Clubs
- Younger players learn good habits to prepare them for their future in the game
- Players will receive on average 120 hours of football coaching, over the 80 sessions per year, which is equivalent to approximately £2.50 per session

Please note

- Members must be accompanied to match day games by an adult
- Parents who have not taken the opportunity to purchase a Match Day Season Ticket should pay walk up gate prices (subject to availability)

Application Form

Please print clearly in black ink

Name

Address

Post Code

Contact Tel No 1

Contact Tel No 2

Email Address

Age

Date of Birth

Medical Conditions (including dietary requirements)

I give my permission for my child to be photographed or filmed for Livingston Youth Foundation Promotional purposes.

Signed

Please complete the form below for payment and additional purchases -

Item	Size (please circle required size/s)	Cost	Quantity	Total
Adult Season Ticket		£220.00		
LYF T-Shirt	4-6yrs 8-10yrs 12yrs 14yrs Sm	FREE	1	
Shorts	4-6yrs 8-10yrs 12yrs 14yrs Sm	£5.00		
Socks	One Size	£4.50		
Wet Jacket	4yrs 6yrs 8yrs 10yrs 12yrs 14yrs	£15.00		
¼ Zip Sweat Top	4yrs 6yrs 8yrs 10yrs 12yrs 14yrs	£15.00		
Gym Sac		£4.00		
Shoe Bag		£5.00		
Membership	One off payment	£225.00		
Membership	Monthly (first Payment)	£25.00		
			Total Amount	£



Kit supported by

FOOTBALL NATION TEAMWEAR

Payment Methods

Payment can be by cheque, made payable to **Livingston Youth Foundation**. Cash can only be accepted in special circumstances. For monthly payments a Standing Order is requested, payable on first day of each month, and made payable to the following -

Name of Account – **Livingston Youth Foundation** | Sort Code – **09-01-28** | Account No - **20158803**



Livingston Youth Foundation
lyf4football.org.uk

Working with West Lothian's young people

c/o Livingston Football Club, Energy Assets Arena, Alderstone Road,
 Livingston EH54 7DN | Tel 01506 536917 | www.lyf4football.org.uk

Livingston Youth Foundation is a Charity Registered in Scotland No. SC042721