

Holiday Coaching Programme 2016



Livingston Youth Foundation
lyf4football.org.uk



Supported by
Foundation Partners

XCITE



**west lothian
college**



**West Lothian
Council**

Holiday Coaching Programme 2016

The Livingston Youth Foundation was formed in 2012, working in partnership with Livingston FC, West Lothian Council, West Lothian Leisure, West Lothian College and the SFA.

The Foundation aims to promote football to all ages and ability levels, for males and females. We provide a coaching programme throughout the year to meet the needs and demands of young players in West Lothian.

Join us at one of our holiday camps,
to learn new skills and meet new friends.

Easter 2016

Week 1	Monday 28th March - Friday 1st April				
WLYF1E	Half Day Football Camp	10am-12pm	Livingston FC	£25	
WLL2E	Half Day Football Camp	10am-12pm	Xcite Bathgate	£20	Free to NRG Members
Week 2	Monday 4th April - Friday 8th April				
WLYF3E	Half Day Football Camp	10am-12pm	Livingston FC	£25	
WLYF4E	Full Day Football Camp	10am-3pm	Livingston FC	£60	9am-5pm available for £80
WLYFGK6E	Goalkeeping Camp	10am-12pm	Livingston FC	£25	
WLL5E	Half Day Football Camp	12.30-2.30pm	Xcite Linlithgow	£20	Free to NRG Members

Summer 2016

Week 1	Monday 4th July - Friday 8th July				
WLYF1S	Half Day Football Camp	10am-12pm	Livingston FC	£25	
WLL2S	Half Day Football Camp	10am-12pm	Xcite Bathgate	£20	Free to NRG Members
Week 2	Monday 11th July - Friday 28nd July				
WLL3S	Half Day Football Camp	12.30 2.30pm	Xcite Linlithgow	£20	Free to NRG Members
Week 3	Monday 18th July - Friday 22nd July				
WLYF4S	Half Day Football Camp	10am-12pm	Livingston FC	£25	
WLYF5S	Full Day Football Camp	10am-3pm	Livingston FC	£60	9am-5pm available for £80
WLL6S	Half Day Football Camp	10am-12pm	Xcite East Calder	£20	Free to NRG Members
Week 4	Monday 25th July - Friday 29th July				
WLL7S	Half Day Football Camp	10am-12pm	Xcite Bathgate	£20	Free to NRG Members

WLL8S	Half Day Football Camp	12.30-2.30pm	Xcite Linlithgow	£20	Free to NRG Members
Week 5	Monday 1st August – Friday 5th August				
WLYF9S	Half Day Football Camp	10am-12pm	Livingston FC	£25	
WLL10S	Half Day Football Camp	10am-12pm	Xcite East Calder	£20	Free to NRG Members
Week 6	Monday 8th August -Friday 12 August				
WLL11S	Football Camp	12.30-2.30pm	Xcite Linlithgow	£20	Free to NRG Members
Week 7	Monday 15th August – Friday 19th August				
WLYF12S	Half Day Football Camp	10am-12pm	Livingston FC	£25	
WLYF13S	Full Day Football Camp	10am-3pm	Livingston FC	£60	9am-5pm available for £80
WLYFGK14S	Goalkeeping Camp	10am-12pm	Livingston FC	£25	

October 2016

Week 1	17th October - 21st October				
WLYF10	Half Day Football Camp	10am-12pm	Livingston FC	£25	
WLYFGK20	Goalkeeping Camp	10am-12pm	Livingston FC	£25	
WLL30	Half Day Football Camp	10am-12pm	Xcite Bathgate	£20	Free to NRG Members
WLL40	Half Day Football Camp	12.30-2.30pm	Xcite Linlithgow	£20	Free to NRG Members

To book at a Xcite Venue please contact your chosen centre or book at reception

To book a WLYF or WLYFGK course please email info@lyf4football.org.uk

Full Day Football Camp Programme

Monday	Football Rounders
Tuesday	Cinema Trip
Wednesday	Football Golf
Thursday	Crazy Golf
Friday	Lunch and Games
Full Day Camps - Please remember to bring a packed lunch	
Please note: Activities are subject to change	

NOTES

- ✳ Open to all boys and girls aged 3-15 years (Full Day Camps 5-15 years)
- ✳ All boys and girls are welcome no matter of ability
- ✳ Please bring a non-fizzy drink each day to training
- ✳ Please bring waterproofs in case of rain
- ✳ Trainers or moulded boots should be worn
- ✳ (Full Day Camps – Please bring Trainers and a spare non-football t-shirt)
- ✳ If a participant displays disruptive behaviour, then they may be excluded from the course with no refund being given
- ✳ Families with more than one child attending the same LYF course will receive a 20% discount on the overall price.

Payment Method



Payment should be made prior to the course starting at the named venue

Livingston Youth Foundation	01506 536917	or email info@lyf4football.org.uk
Xcite Bathgate	01506 237910	
Xcite Linlithgow	01506 237960	
Xcite East Calder	01506 883340	

For Livingston Youth Foundation Courses: Payment can be by cheque, made payable to Livingston Youth Foundation.

Postal applications should be sent to: **FAO Livingston Youth Foundation,
Almondvale Stadium, Alderstone Road,
Livingston, EH54 7DN**

For Xcite Courses: Payment should be made at the main reception of named venue, along with the completed application form.

Please note: for all West Lothian Council run activities please contact - SFA Development Officer, Jim Grant on jim.grant@westlothian.gov.uk or call 01506 283506.

Application Form

Please print clearly in black ink

Name	<input type="text"/>		
Address	<input type="text"/>		
	Post Code	<input type="text"/>	
Contact No 1	<input type="text"/>		
Contact No 2	<input type="text"/>		
Email Address	<input type="text"/>		
Age	Date of Birth	<input type="text"/>	

Medical Conditions (including dietary requirements)

<input type="text"/>
<input type="text"/>

Club (if applicable)	<input type="text"/>
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I give my permission for my child to be photographed or filmed for Livingston Youth Foundation Promotional purposes.

Signed	<input type="text"/>		
Course Code/s	<input type="text"/>	<input type="text"/>	<input type="text"/>



**For further details please contact
Livingston Youth Foundation on 01506 536917
or email info@lyf4football.org.uk**

Working with West Lothian's young people

Almondvale Stadium, Alderstone Road, Livingston EH54 7DN
Tel 01506 536917 www.lyf4football.org.uk

Livingston Youth Foundation is a Charity Registered in Scotland No. SC042721