

# Livingston Football Club



Livingston Football Club are excited to be offering a Sport Science Internship program for the 2023/24 Season. The internship is a paid position working with our First Team and Academy. The internship will provide the successful candidate(s) with first-hand experience in working in the Scottish Premier League.

## Sport Science Internship

### The internship will cover the following:

Strength and Conditioning

Supplement Management

Hydration Testing

Nutrition Planning and Evaluation

GPS Analysis

Injury Pre/Rehabilitation

Recovery Strategies

Player Welfare & Mental Health

FIFA Sport Medicine Diploma

SFA Qualification

### Essential Requirements:

Currently studying or recently graduated from a Sport & Exercise Science or related degree program.

Be available daytime Mon, Tue, Wed & Fri

Have a desire to work in pro football.

Competent with IT and Excel.

Full UK driving licence.

### Benefits:

Complimentary Home Match Tickets

Club Training Kit

Breakfast & Lunch

Gym Access

Exclusive Discounts

### How to Apply:

If you are interested in this opportunity, please send your cv and covering letter to [recruitment@livingstonfc.co.uk](mailto:recruitment@livingstonfc.co.uk) . The closing date for applications is Friday 11<sup>th</sup> August 2023.

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## **Disclaimer**

Due to the volume of applications expected for this opportunity, applicants not contacted by 30<sup>th</sup> August 2023 should assume they have been unsuccessful on this occasion but are invited to apply for future opportunities at the club.

Livingston FC is committed to the principle of equal opportunity in employment and its employment policies for recruitment, selection, training, development, and promotion are designed to ensure that no job applicant or employee receives less favourable treatment on the grounds of race, colour, nationality, religion or belief, sex, sexual orientation, marital status, age, ethnic and national origin, disability, or gender reassignment.

Livingston FC is committed to safeguarding and promoting the welfare of children, young people, and vulnerable adults. Please note that the successful applicant for this role is subject to a Protection of Vulnerable Groups check.

**Thank you for your interest in this opportunity.**